Who is God? Where is God?

Last week on Pentecost we were told by Saint Paul that "the Holy Spirit has been poured into our heart" and today we are told in effect that God is a "community" that is triune.

According to Meister Eckhart:

He teaches that the eternal birth takes place in the depths of the self, beyond our senses and that with God's help we should acquire the capacity to inwardly empty the mind of all sense experience, of all that takes us out of ourselves.

It is in the inner self where God enters in all stillness.

"Be still and know that I am God!"

Eckhart: "Now God wants no more from you than that you should in creaturely fashion go out of yourself and let God be God in you. ...Go completely out of yourself and let God be God in you...Go completely out of yourself for God's love and God comes completely out of himself for love of you...God must act and pour himself into us when we are ready, in other words when we' re totally empty of self and creatures. So stand still and do not waver from your emptiness."

Eckhart:

□ SO: Where does that leave you or me? Must we give up our busy lives and seek the cloister to FIND GOD?

ECHART: NO!

In fact in the Martha/Mary story, Eckhart praises the busy homemaker Martha!

Here is where the theologian Eckhart departs from the previous theology of St. Augustine and St. Bernard. Martha as Eckhart sees her is sufficiently mature to be able to work undisturbed in the midst of the concerns and troubles of this world.

When I studied Master Eckhart with Matthew Fox, he seemed to sum up Eckhart's theolgy as the "Path of letting go and letting be."

So for us perhaps we must be willing daily at some point to let go of the 10 o'clock news with its catalog of disasters and in the in-between space be silent and undisturbed and in that silence let God be God.

Then we can rediscover the deep wellspring of peace that dwells at our inner core.

For more about Meister Eckhart the remarkable medieval theologian, simply Google:

Meister Eckhart and God

Ad so we pray:

Glory be to the Father,

and to the Son,

and to the Holy Spirit

as it was n the beginning

is now

and ever shall be,

world without end.

Amen