

## **Seeds Planted In Holy Dirt**

On Ash Wednesday we received Holy Dirt. During Lent we are to plant the seeds of kindness, compassion, and generosity in the holy dirt, so that when Easter comes, these seeds nourished by the living waters of Easter might bloom anew in glory!

Spiritual writers describe our Lenten journey as a trek through the spiritual desert. On this journey, we travel light.

So we "let go" of extras so we can travel light.

We even abstain a little and fast on Ash Wednesday and Good Friday.

And w are extra generous to the poor.

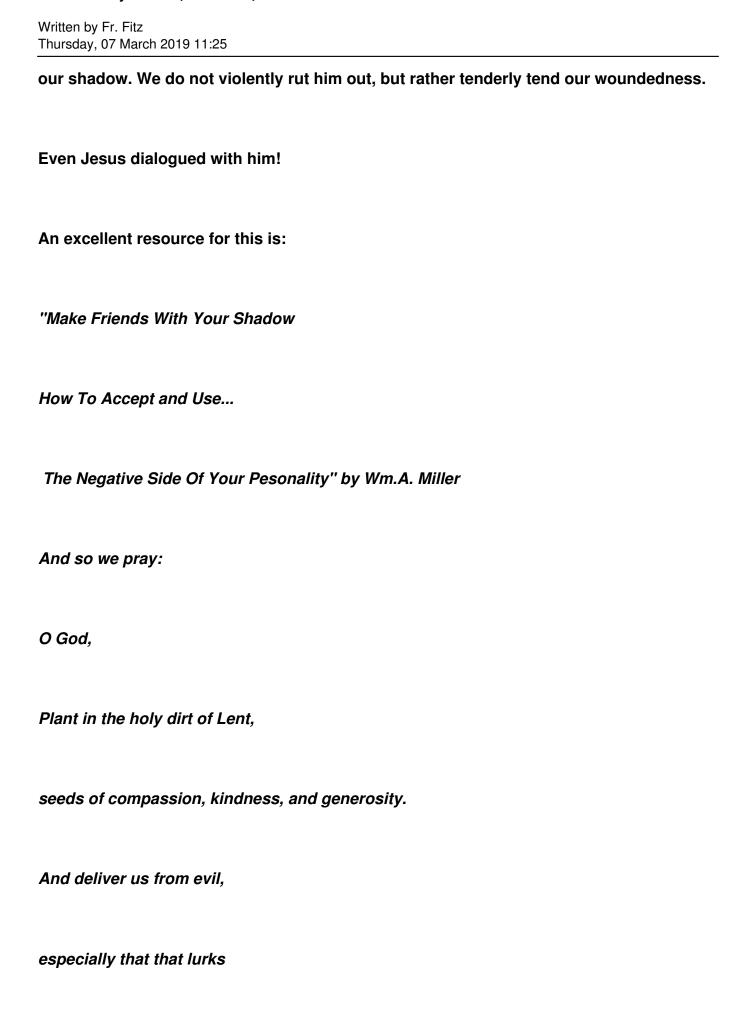
And we scripturaly walk with the Hebrew people on their way to the Promised Land.

As in today's Gospel, as Jesus did, we may even encounter Satan along the way.

He may hide in the bushes, or even sneak up behind us and hide in our shadows.

There, he is uacknowledged and hidden.

As one writer tells us, we must find him there while at the same time being gentle with



## First Sunday of Lent, March 10, 2019

Written by Fr. Fitz Thursday, 07 March 2019 11:25

in oue shadows.

Amen