

I give you a new commandment: Love one another, as I have loved you.

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ÂÂ NEW Commandment: means to love one another with the same vibrancy as Christ loves us!

This demands that we go out of our way to love.

The extra mile, the extra effort, the beyond the limits measure.

It means more than "being nice."

It means being overflowing,Â over abundant.

And it can only be done

by being infused by the Spirit.

Matthew Kelly writes of "holy moments."

that are "things of beauty" and quotes the poet Keats:

"A thing of beauty is a joy that lasts forever."

And Tolle writes that the only reality is the NOW MOMENT."

So we are to seize the moment which is an open door into loving.Â

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