

"Lord please help me!"

"Lord please help me!" is the plea we hear in today's Gospel and it is a plea we need to hear from the poor and the hungry in the midst of this pandemic.

In the last few weeks the Gospels have been all about Jesus concern for the hungry. Now it is our turn to act.

***Bread For The World* has sent out a plea that we contact our congressional leaders on behalf especially of hungry children and the poorest of the poor who are most effected by the virus.**

Ask yur Congress Person, Rep. and or Senator to:

"Increase SNAP benefits by 15%

EXTEND ebt BENEFITS

And support International effort to adress the coronovirus pandemic."

Have your Congressman's name at hand when you call, and ask for their office. You will reach the Capitol Swtchboard by calling:

800-826-3688

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